



Appendix 7 – The RTRC Code of Conduct Added:01/12

It is the policy of The RTRC that all members, parents and volunteers show respect and understanding for each other, treat everyone equally within the context of the sport and conduct themselves in a way that reflects the principles of RTRC. The aim is for all participants to enjoy their sport and to improve performance.

Abusive language, swearing, intimidation, aggressive behaviour or lack of respect for others and their property will not be tolerated and may lead to disciplinary action.

Participants:

- Listen to and accept what you are asked to do to improve your performance and keep you safe
- Respect other participants, instructors and volunteers
- Abide by the rules and play/participate fairly
- Do your best at all times
- Never bully others either in person, by phone, by text or online
- Take care of all property belonging to other participants, RTRC or its members

Parents:

- Support your child's involvement and help them enjoy their sport
- Help your child to recognise good performance, not just results
- Never force your child to take part in sport
- Never punish or belittle a child for losing or making mistakes
- Encourage and guide your child to accept responsibility for their own conduct and performance
- Respect and support the Instructors/Staff
- Accept Instructors judgements and recognise good performance by all participants
- Use established procedures where there is a genuine concern or dispute
- Inform RTRC of relevant medical information
- Ensure that your child wears suitable clothing and has appropriate food and drink
- Provide contact details and be available when required
- Take responsibility for your child's safety and conduct in and around RTRC or activity venue

Members and Volunteers:

- Consider the welfare and safety of participants before the development of performance
- Encourage participants to value their performance and not just results
- Promote fair play and never condone cheating
- Ensure all activities are appropriate to the age, ability and experience of those participating
- Build relationships based on mutual trust and respect
- Work in an open environment
- Avoid unnecessary physical contact with young people
- Be an excellent role model and display consistently high standards of behaviour and appearance
- Do not drink alcohol or smoke when working directly with young people
- Communicate clearly with parents and participants
- Be aware of any relevant medical information
- Follow RTRC and British Rowing guidelines and policies

If you are concerned that someone is not following the Code of Conduct, you should inform The Club Welfare Officer or the person in charge of the activity.