



Each person, upon participating with the River Teign Rowing Club Limited shall sign the following declaration:

Name:

DoB:

Address:

Contact Telephone Number:

- I at my own risk am participating with the River Teign Rowing Club Ltd activities
- I confirm that I am able to swim for a minimum of 50 metres (ROSPA recommended standard)
- I confirm that I do not suffer from any medical condition which may render me unfit for strenuous exercise*

Signed

Relationship if signing for under 18

*Should you be in any doubt, advice should be sought from your GP